Caring for kids the Premier way!



Call **(302) 836-4440** to set up your child's appointment.

### **Hours**

Monday -Thursday 8:30AM to 8PM

Friday 8:30 AM to 4PM

Saturday 8:30AM to 1PM

> **Closed** Sunday

Premier Pediatrics 2600 Glasgow Ave. Suite 213 Newark, DE 19702

# It's not too early: Call now to schedule your child's back-to-school physical!

### Have you had your child's eyes checked recently?

The best way to monitor your child's eye health, like finding out if your child needs glasses, is to schedule a **vision screening**. During these exams your eye doctor checks for disease and also assesses if your child's eyes are functioning properly. Below are some of the most common signs that a child may have vision problem:

- Rubbing eyes frequently or squinting a lot
- Eyes that flutter too quickly to the side or up and down
- Eyes that are misaligned or do not focus
   Eye exams don't have to be stress-inducing for you and your child! Kids love to be involved and have a say. Focus on the positives of the visit,

like looking forward to picking out glasses: what color or style would be the coolest?



<u>Click here</u> for a fun interactive website with vision games for kids!

Visit our website

www.Premier4Kids.com

for more information including other online resources.

## **August is National Immunization Awareness Month!**



August is the ideal time to make sure everyone in your family is up-to-date with their shots before kids head back to school!

- Schedule a back-to-school checkup. Your doctor can help your family with a plan for recommended vaccinations (<u>click here</u>) and school entry immunization requirements (<u>click here</u>).
- While you're at the doctor's office and it's on your mind, make a plan to

### get your flu shot early.

For babies, the CDC recommends a strategy called "**cocooning**": vaccinating the adults who are around an infant most to protect the baby. <u>Click here</u> to learn more about how this strategy works.



Sincerely,

## **Premier Pediatrics**

Are we friends yet?
Click the logo to the right to friend us on Facebook!



The information contained on this sheet is for information purposes only and not intended to replace proper medical care. Always seek the advice of a trained health professional with any questions you may have about a medical condition. Any information received from this sheet is not intended to diagnose, treat, or cure any medical condition.