

Caring for
kids the
Premier way!



Call (302) 836-4440
to set up your child's
appointment.

Hours

Monday –Thursday
8:30AM to 8PM

Friday
8:30 AM to 4PM

Saturday
8:30AM to 1PM

Closed
Sunday

Premier Pediatrics
2600 Glasgow Ave.
Suite 213
Newark, DE 19702



Are you
looking for
more
Halloween
safety tips?

[Click here to read the
CDC's
recommendations.](#)

Visit our website

www.Premier4Kids.com

for more information
including other
online resources.

Call now to schedule your **flu shot** today! We have **flu shots** and **FluMist** available.

Staying Safe this Halloween

To stay safe while trick-or-treating, there are more precautions to think about in addition to everyday safety concerns. Since most Halloween activities take place in the dark on streets crowded with strangers, it is important to be prepared so everyone has a safe, fun night.

- Make sure your child is supervised.
- Affix reflective tape and markings to costumes so your child is visible in the dark.
- Make sure your child's costume is not too long in order to avoid trips and falls.

"Stranger Danger" Safety Tips for Kids

Familiarize your kids with the following ways to protect themselves from strangers: Make sure they know:

- Their full name, address, and phone number.
- They shouldn't go anywhere alone. Employ the buddy system.
- If a stranger comes up to them, they do not have to speak to the stranger.
- They should never approach a stranger in a car or other vehicle: keep walking.
- They should never let a stranger lead them anywhere, no matter what the stranger may tell them.
- They should not accept items from a stranger.
- If a stranger grabs them, they should **do everything they can to stop the stranger from pulling them away** or dragging them into a car. Kids should drop to the ground, kick, hit, bite, and scream. **Kids should do everything they can to attract the attention of others who can help them.** A good thing to yell is: "This is not my dad!" or "This is not my mom!"
- Tell kids to trust their instincts. If something doesn't feel right or they think they are being followed, don't hesitate: seek help right away.

October is Fire Safety Month

Have you checked your smoke alarms recently? Smoke alarms are the primary safety devices in all home fire prevention plans. Their main job is to wake you and your family from fire when you are sleeping. Did you know that two-thirds (62%) of reported home fire deaths resulted from fires in homes with no smoke alarms or no working smoke alarms?

- Smoke alarms should be tested at least once a month. All smoke alarms have a test button that you push to check the alarm. If the testing mechanism does not work properly, replace the alarm immediately.
- Testing fire alarms once a month also gives you the chance to check the batteries and replace them if they are dead.

Have a Plan in Place

1. Plan two ways out of each room in your home. A way out can be a door or a window.
2. As a family, draw a mapped plan of the ways out of each room of your home.
3. Pick a safe outdoor meeting place and make sure the whole family knows where to go in the event of a fire.
4. Have a family fire drill so everyone is prepared.



Sincerely,

Premier Pediatrics

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