

Caring for  
kids the  
Premier way!



Call **(302) 836-4440**  
to set up your child's  
appointment.

### Hours

Monday –Thursday  
8:30AM to 8PM

Friday  
8:30 AM to 4PM

Saturday  
8:30AM to 1PM

**Closed**  
Sunday

**Premier Pediatrics**  
2600 Glasgow Ave.  
Suite 213  
Newark, DE 19702



**American  
Red Cross**

Click below to print  
weather emergency  
safety checklists:

- [For Hurricanes](#)
- [For Winter Storms](#)

Visit our website

[www.Premier4Kids.com](http://www.Premier4Kids.com)

for more information  
including other  
online resources.

**Weather-related closures and delays:** We will do our best to notify you of an office delay or closure by way of e-mail. Next time you are in the office be sure to provide us with an updated e-mail address so you can receive these very important updates.

## For Children's Gifts, think "Safety First!"

When picking out gifts for children this holiday season, think about safety as well as the fun kids will have with their new toys.

- Always read labels to find out the appropriate age group for a toy.
- Make sure all toy parts and pieces are larger than your child's mouth to prevent choking.
- Remember: toys that shoot objects into the air can cause eye injuries.
- Avoid buying unsteady plastic toys that can break easily into smaller pieces (causing choking) or other injury.
- Avoid buying toxic toys. Make sure the label reads "nontoxic."
- Electronic toys should be "UL approved." Look for the approval on a toy's label.



[Click here](#) to view the U.S. Consumer Product Safety Commission's [CPSC] toy recall list.

## Weather Emergencies: Is your Family Prepared?

We have entered the final month of hurricane season and winter storm season follows right after. Print emergency checklists from the orange box to the left and read on to learn how you and your family can stay prepared.

### How to Prepare your Family for Weather Related Events:

1. Get some exercise! Go for a walk and get your hearts pumping. This will help to combat feeling restless when the whole family is stuck inside waiting out the storm.
2. Make sure you have enough water: have 1 gallon of water per person per day.
3. Stock up on non-perishable foods that are easy to prepare.
4. If you have an infant who takes a bottle, have enough ready-to-feed formula and baby food that doesn't require refrigeration.
5. Test all of your flashlights and put in fresh batteries.
6. Locate entertainment that doesn't require electricity! Books, board games, toys and craft supplies are all things to keep your family entertained.
7. Pack a suitcase. This will keep you from stumbling in the dark to find all the essentials after the power goes out.



Sincerely,

**Premier Pediatrics**

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right to **friend us on  
Facebook!**

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